



**Participation-Form Open NK Firefighter 10 km,  
Saturday, April 16 th 2010**

To be send before April 6th 2011 to:

Brandweer Amsterdam  
P/a Welsumerstraat 11  
NL-1109 BV Amsterdam ZO  
Fax: 0031-294-540351

Firebrigade:

Name:

Address:

Postal code :

Residence :

Country:

Date of Birth:

Sex: M / F

Phone:

Fax:

E-mail:

Information: [WWW.GEINLOOP.NL](http://WWW.GEINLOOP.NL)

E-mail: [nk10km@brandweer.amsterdam.nl](mailto:nk10km@brandweer.amsterdam.nl)

The membership's fee of € 8,- p.p. has to be paid at the tournament.

All participants on the 10 km must wear a ChampionChip during the run. Every participant have to fill in this form separate.

**Contest rules**

- 1 Every contestant has to be member of a Dutch Fire-brigade or member (partner as well) of a foreign Fire-brigade.
- 2 Every contestant has to wear a clear visible number (not folded).
- 3 The start takes place for the individual championship and counts also for the team championship. For that championship at least 4 persons have to start. The 4 contestant of a team which have the best results, are considered for classification.
- 4 The contestants have to follow the track indicated. Deviation will lead to disqualification.
- 5 In cases not mentioned in these rules the contest organiser will take a decision.

**Categories**

Overall ranking, Male 0 - 39 year, 40 - 44 year, 45 - 49 year and 50 years and over.

Male nat. ranking, female nat. ranking and a city ranking.

Only for organisation:

ChampionChip nummer:	Categorie:	Startnummer:	Bet:
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